



Level 3 Award in Coaching

Benefits for individuals

- Know what it takes to be an effective coach in your workplace
- Understand how coaching works – learn a coaching model, and the tools and techniques to support it
- Put your new skills into practice in your job – carry out supervised coaching sessions
- Analyse, assess and plan to improve your own coaching ability.

Benefits for employers

- Implement coaching to improve performance in your organisation
- Ensure the managers you develop as coaches are properly equipped with the skills, knowledge and ethical understanding they need
- Develop a coaching culture in your organisation by developing your managers as truly effective coaches.

Progression

This qualification will provide progression opportunities to other qualifications such as:

- ILM Level 3 Certificate in Coaching
- ILM Level 3 Certificate in Coaching and Mentoring
- ILM Level 3 Certificate or Diploma in Leadership and Management
- ILM Level 5 Certificate or Diploma in Coaching and Mentoring

Award 3 mandatory units = 10 credits:

- Understanding Good Practice in Workplace Coaching
- Undertaking Coaching in the Workplace
- Reflecting on Workplace Coaching Skills

Certificate 3 mandatory units = 13 credits:

- Understanding Good Practice in Workplace Coaching
- Undertaking and Extended Period of Coaching in the Workplace
- Reflecting on Workplace Coaching Skills

(For additional information on the programme at Certificate level, please get in touch on 01786 825 200)